

Health Education 3 - Backward Design

Assessment for: Healthy Self

<i>The student will be expected to:</i>			
Outcome	What does it mean?	How will I know students get it?(assessment)	How will I get there?(activities)
<ul style="list-style-type: none"> • recognize the choices they make in their day to day lives affect their physical, social, mental, and emotional health 			
<ul style="list-style-type: none"> • explore the function of the brain and ways to protect it 			
<ul style="list-style-type: none"> • identify substances that are not used for medicinal purposes 			
<ul style="list-style-type: none"> • demonstrate an appreciation for being physically active in the outdoor environment and practise what to do if lost or injured in the woods 			
<ul style="list-style-type: none"> • recognize the choices they make in their day to day lives affect their physical, social, mental, and emotional health 			
