

Health Education 5 - Backward Design

Assessment for: Healthy Self

<i>The student will be expected to:</i>			
Outcome	What does it mean?	How will I know students get it?(assessment)	How will I get there?(activities)
<ul style="list-style-type: none"> • demonstrate an understanding that sexual orientation is a part of our personality and explore the harmful effects of homophobia 			
<ul style="list-style-type: none"> • describe the male and female reproductive systems, explaining the process of reproduction and how the reproduction system matures through the process of puberty 			
<ul style="list-style-type: none"> • practice skills for managing stress in their lives 			
<ul style="list-style-type: none"> • recognize when sadness or worry becomes life affecting and practice how to express a mental health 			
concern for themselves or others			
<ul style="list-style-type: none"> • demonstrate an understanding of the 			

basic nutrients found in food and the function they serve within the body			