

Health Education Primary - Backward Design

Assessment for: Healthy Self

<i>The student will be expected to:</i>			
Outcome	What does it mean?	How will I know students get it?(assessment)	How will I get there?(activities)
<ul style="list-style-type: none"> • identify internal and external body parts and their functions 			
<ul style="list-style-type: none"> • demonstrate an awareness that humans have a range of emotions and that it is normal and expected to feel a range of emotions 			
<ul style="list-style-type: none"> • describe what they like about themselves and their bodies 			
<ul style="list-style-type: none"> • demonstrate an awareness that everything that goes into, and on, their bodies has an effect 			
<ul style="list-style-type: none"> • use their senses to explore a variety of healthy foods 			
<ul style="list-style-type: none"> • develop an awareness of the role 			

of active play and quiet leisure in having a healthy body and a healthy mind			
• recognize that people make choices that affect their health			