



TAPHE Recorder

October 2014

Follow us on Twitter
@TAPHE

Follow us on
Facebook - TAPHE

<https://www.facebook.com/pages/TAPHE/15116151610>

TAPHE Executive

President

Steve Ranni, CBVRSB
shranni@nstu.ca

Vice President

Lori Leblanc, TCRSB
lori.leblanc@tcrsb.ca

Secretary

Jen McKenzie, HRSB
jlomac@staff.ednet.ns.ca

Treasurer

Kathy Marshall Cormier,
HRSB
kmarshallcormier@hrsb.ca

Webmaster/ Communications

Justin Oliver, TCRSB
jroliver@nstu.ca

Award Committee Chairperson

Amanda Brewer, TCRSB
aebrewer@nstu.ca

Message from the TAPHE Executive

2013-2014 has been an exciting time for the TAPHE executive. We now have an executive committee of 15 members with representation from 7 boards and both the Health and Physical Education fields.

Many members of the TAPHE executive have been a part of the development of the new PE curriculum. It is an exciting time to be part of the physical and health education (PHE) field. As society continues to struggle with serious health and social issues, the greater PHE community is ready to take its place as an important piece of the solution.

Elections will take place at the TAPHE AGM on October 23rd in Cape Breton. If you are interested in becoming part of the TAPHE executive, please contact Steve Ranni at shranni@nstu.ca

TAPHE Conference 2014

The theme of TAPHE 2014 in Sydney Cape Breton is "How Tweet it is". Join us and keynote presenter, Joey Feith from thephysicaleducator.com and the PE podcast, to learn about how technology can help connect you to the greater PHE community around the world. Another conference highlight is Dr. Amanda Stanec, also known as @MoveLiveLearn who was the lead writer for the new Primary – 9 physical education curriculum.

Joey, Amanda and the other presenters will provide valuable learning experiences for all delegates. Watch for an update from the conference in the next newsletter.



If you would like to be on the TAPHE mailing list please complete this form. <http://goo.gl/forms/a5kpTH7Nks>

Your information will not be shared with any other associations. This email list will receive newsletters and updates about relevant information like grants, resources, activities and opportunities.

Newsletter Editor

Susan Steele, HRSB

slsteele@nstu.ca**University Rep**

Dan Robinson, STFX

drobinso@stfx.ca**PHE Canada Liaison – NS Rep**

Lori Sigfridson- Munro, TCRSB

lori.sigfridson@tcrsb.ca**Health Rep**

Yvette Surette, TCRSB

yvette.surette@tcrsb.ca**Health Rep**

Jody Bucci, HRSB

jbucci@hrsb.ca**Member at Large**

Selena Davidson, SSRSB

sdavidson@staff.ednet.ns.ca**Member at Large**

Bryan Smith, SRSB

bryan.smith@srsb.ca**Member at Large**

Kaelin Gillis, CCRSB

akgillis@nstu.ca**Member at Large**

Chris Bigelow, AVRBSB

Social Media and Physical Health Education

We want to share with you some information regarding using social media for professional development. There are a number of great sources available online which are free for specialist or generalist teachers, administrators and EA's. Below are some links to help you learn more about social media, specifically Twitter. Some other forms of social media used for professional learning, collaboration and celebrating physical education and health education are Pinterest, Youtube, and Facebook. These are all informational highways waiting to be used! Follow us at @TAPHE

<http://runsoulcycle.com/2013/01/11/teachers-and-the-twitterverse/>

http://www.youtube.com/watch?v=E_I0Kh8FDCs&feature=player_embedded#

Create your own twitter account: www.twitter.com

New Grades Primary to 9 Curriculum - UPDATE**2014 Summer Institute**

by Kaelin Gillis

On two beautiful, sunny summer days in August, the NSCC Dartmouth waterfront campus, overlooking the picturesque Halifax waterfront, was bustling with more than 40 physical education teachers keen to get a glimpse at the upcoming Primary grade 9 physical education curriculum, set to be released for the 2104-15 school year.

Team building activities started the two days of sessions that covered the main themes and concepts addressed in the new curriculum. Lori Sigfridson, Dan Robinson and Bryan Smith led the sessions, along with guest Ted Temertzoglou. Sessions provided insight in to the big picture ideas that are engrained in the upcoming physical education curriculum and participants received an armful of excellent resources and easy-to-implement activities for their upcoming school year. A feeling of excitement filled the venue as teachers departed with their multitude of resources and ideas from a wonderful two-day summer institute.



PE teachers demonstrate the fundamental movement skill of kicking using only their bodies

Save the Date!



2015 National Conference

Hosted in Partnership
with HPEC

April 30 to May 2,
2015

**Banff,
Alberta**

[http://www.phecanada.ca/
events/conference2015](http://www.phecanada.ca/events/conference2015)

Join PHE Canada today as a free supporter or pay \$20 to become a professional member

By joining PHE Canada, you are displaying your support as we strive to ensure every child has the opportunity to live a healthy and physically active life.

In addition to supporting educational programs and physical and health advocacy, members and supporters benefit from exclusive access to physical and health related information and resources, networking and career development opportunities, and special incentives and savings.

<http://www.phecanada.ca/join>

FREE Resource from PHE Canada

Physical Literacy and FIFA Women's World Cup™

With Canada hosting the world's best soccer players this August at the FIFA U-20 Women's World Cup Canada 2014, and next June at the FIFA Women's World Cup Canada 2015™, two Special Editions of the **Move Think Learn – Soccer In Focus** resources have been developed.

The free resources, for grades 4 to 6 and 7 to 9, will include supplemental cross-curricular classroom lessons highlighting unique aspects of both competitions as well as a variety of Teaching Games for Understanding (TGfU) activity ideas to get your students engaged, moving, and learning the tactics and skills needed to participate in soccer.

[Click here to learn more and download this FREE resource!](#)



On the TAPHE website is a record of TAPHE conferences, executive members, award winners, and fun facts dating back to our inception in 1972. If you have any information regarding the history of TAPHE please contact [Justin Oliver](#).

Click here to learn more about TAPHE's history

<http://taphe.nstu.ca/default.asp?mn=1.2.79>



Click here to see more of @MoveLiveLearn's blog entries <http://able-consultants.com/category/move-live-learn-blog/>

Dr. Amanda Stanec, @MoveLiveLearn was the lead writer on the new NS P-9 PE curriculum. She is presenting at The 2104 TAPHE conference.

[Establishing Community in Physical Education](#)

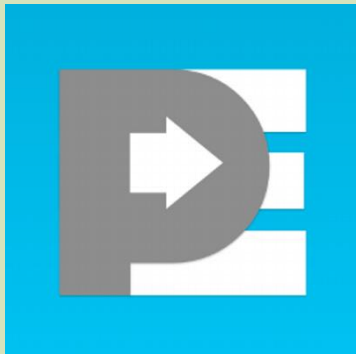
by Dr. Amanda Stanec, @MoveLiveLearn

It's that time of year! Back to school. I suppose it won't surprise many of you that I actually love this time of year. I love when summer changes to fall. The cooler and crisp air, the fleece pullovers, the new school supplies – I love it all. Bring it!

With a new school year upon us, it's time to:

- * organize our yearly and unit plans;
- * consider how we will integrate technology and cross curriculum learning; and,
- * how we will authentically assess in order to help students learn and increase their motivation (*among other things*).

But, before we spend too much on all of these important areas of concern – it's also essential that we plan diligently for how we will *establish a warm community among our learners*. Click here to see the rest of the blog entry <http://able-consultants.com/2013/08/19/estcommunity/>



Check out Joey Feith and Nathan Horne's Phys. Ed. Podcast

In 2013, Nathan Horne and Joey Feith got together to shoot the breeze about #physed, health, and technology. The result was The #PhysEd Podcast. Subscribe to hear why thousands of teachers enjoy listening in on Nathan and Joey's conversation.

<http://www.thephysicaleducator.com/podcast/>

Joey Feith is the keynote speaker at 2014 TAPHE Conference in Sydney, Cape Breton.

<http://www.thephysicaleducator.com/>

IDEA CORNER



Get Them Moving with Just Dance!

Google "Just Dance YouTube" and a multitude of "Just Dance" videos come up. Show these videos on the gym wall for a large group event or use it in the classroom when you are "kicked out of the gym".

Click here for "Happy" by Pharrell Williams <https://www.youtube.com/watch?v=wylpbts5Ke0>

Choose appropriate songs and beware the images that are at the end of the you tube videos.

Cosmic Kids Yoga for Kids

Cosmic Kids is a fun Yoga experience for younger children. It is as easy as showing the videos on the big screen and having the students follow along.

Watch Videos:

<http://www.cosmickids.com/category/vh/>

Cosmic Kids Resources:

<http://www.cosmickids.com/category/grab/>

